

Flex World Fitness

Dance & Dance Exercise

20930 DuPont Blvd. Suite 103--Georgetown, DE 19947

Fall Schedule

Salsa II

Tuesday 7:55-8:55pm

with Wayne and Margo

For those who are Beyond the Basics

More Technique & add more turns

September 7, 14, 21, 28

4 sessions-\$45-Drop in fee-\$15.00

Intermediate Salsa

Thursday 6:50-7:50

with Wayne and Margo

More styling, technique, turns & combinations

September 16, 23, 30

3 sessions-\$33.50-Drop in fee-\$15.00



Pre-registration for Latin Dance is Required:

call or email Yvonne to confirm a spot in Latin Dance

Yvonne@dancemovesandmanners.com or 302-222-3755

Private Dance Lessons At Flex World

**Available
Days
Evenings
Weekend Hours**

Call Yvonne for
Information 302-222-3755
Or email
Yvonne@dancemovesandmanners.com



Zumba



Have Fun-Get Fit
Instructor Margo Faircloth

*Tuesday
6:30-7:30
call Flex World
at 856-7771
for details*

*"To sing well
and to dance
is to be well educated."*

~Plato~

Dance Moves and Manners-Social Dance for All Ages
Dance Programs & Dance Exercise
www.dancemovesandmanners.com